

**CAPITAL TRAIL BIKE RIDE**  
**Charles City Co Courthouse to Upper Shirley Winery**  
**(Members/Friends welcome!)**



**Sunday, April 22 - meeting at 10:30 AM, riding by 10:45 AM**  
**Meet at the Charles City County Courthouse Parking Lot**  
**at 10900 Courthouse Road, 23030**

**Bring a bike, helmet, sunscreen, water, and \$\$ for your lunch at**  
**Upper Shirley Plantation (600 Shirley Plantation Rd, Charles City, VA 23030).**  
**This is a one-day activity - lodging and transportation ON YOUR OWN**

**Getting to Charles City Courthouse:**

**Via Route 5:** Take Route 5 east, past Rockett's Landing and the start of the Capital Trail.  
Continue on Route 5 east for approximately 40 miles.

Take a slight right on Courthouse Road from Rt 5 into the Charles City Courthouse parking lot.

**Via 64:** Take 64 east toward Norfolk/Va Beach. Take the exit to VA 106S to VA 609S in New Kent Co.  
Then take 609S to 602S to Courthouse Rd and into the Charles City Courthouse parking lot.

**What to Expect: This ride is approximately 22 miles, round trip.**

We will ride at a leisurely group pace on this moderately challenging and paved bike path that passes by farms and plantations. We will ride approximately 11 miles west to the Upper Shirley Winery where we will stop for a relaxing lunch overlooking the James River at roughly 12:30 pm.

After lunch, we will head back to the Charles City Co Courthouse where we should arrive at approximately 3 pm, just in time to drop into **Cull's Courthouse Grill** before departing.

**Weather Warning:**

**In the event of RAIN/inclement weather, this ride will be CANCELLED!**

**For information or to let us know you will be joining us:**

**Contact Judy Marston – [twoat1000@gmail.com](mailto:twoat1000@gmail.com) – 804-332-3107**